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Breaking Generational Curses

Women's Empowerment

Spiritual Growth and Faith

**Rebuilding After Trauma** 

Self-Discovery and Authenticity

Entrepreneurship and Purpose-Driven Leadership

Mentorship and Building the Next Generation

The Power of Community and Sisterhood

Kweenduhm Conversations
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# Demeara Virgil

## WOMEN'S EMPOWERMENT ADVOCATE, AUTHOR, ENTREPRENEUR, AND PODCASTER

ABOUT ME 🔶

Demeara Virgil is a dynamic Women's Empowerment Advocate, passionate about helping women break generational curses and thrive in their purpose. As the founder and host of the Kweenduhm Conversations podcast, she creates a platform for women to stand in their truth, share their stories, and inspire others. An accomplished author and entrepreneur, Demeara is dedicated to guiding women on their spiritual journeys, encouraging them to embrace their God-given power, and live with confidence.

### WOMEN EMPOWERMENT ADVOCATE

Demeara Virgil is a multifaceted leader, mentor, and advocate with a deep passion for empowering women and young ladies to live authentically and stand in their truth. As the founder and visionary behind Kweenduhm, she guides women on their journeys of self-discovery, healing, and purpose through thought-provoking conversations and impactful community work. Her mission is to help women rebuild their lives, break generational curses, and embrace their God-given potential.

As an entrepreneur, Demeara owns and operates four companies, all centered around empowerment, creative expression, and healing. Through Kweenduhm, she creates custom designs —including jewelry, apparel, candles, aroma melts, journals, and canvas art—each piece created with intention and a powerful narrative behind it. Every design reflects the resilience and testimonies of survivors, telling stories of triumph, transformation, and hope.

A dedicated author and motivational speaker, Demeara uses her platform to advocate for women's empowerment on multiple levels, ensuring that every woman understands her worth and knows that she is not alone. Her work bridges the gap between faith, healing, and personal growth, serving as a source of inspiration for women from all walks of life.

Through her companies, mentorship, creative designs, and Kweenduhm Conversations podcast, Demeara is committed to helping women thrive and build the life they were always meant to live.